**FAIRLAND SOFTBALL CODE OF CONDUCT**

**FAIRLAND SOFTBALL PLAYERS ARE EXPECTED TO**

**DEMONSTRATE SPORTSMANSHIP, DISCIPLINE, DEDICATION, RESPONSIBILITY, COMMITMENT AND RESPECT.**

**WE, THE COACHING STAFF, EXPECT YOU TO:**

Follow all classroom rules established by your teachers.

 Follow all school rules. They are clearly spelled out for you in the Fairland Student Handbook.

 Properly utilize your time so that your grades do not suffer. You are a Student-Athlete!

Abide by all O.H.S.A.A., Fairland High School Athletic Handbook, and N.F.H.S. rules. We are responsible for insuring that no violations occur.

 Show sportsmanship and class at all times.

 Abide by all team rules.

***Attendance:***

Be early for practice.

Attend EVERY practice and must be at try-outs.

* If you are absent from school, call or email the coach.
	+ - Coach Clark (work) 886-3250 ext 5218
		- mindy.clark@fairland.k12.oh.us
* If you go home sick, notify a coach (not a player) before leaving.
* Two (2) unexcused absences = dismissal from team.
* An unexcused absence accumulated the day before a game = no playing time for that game.
* An excused absence accumulated the day before a game = playing time will be affected.

***Excused practice*** *= Academic tutoring, doctor’s note, funeral, wedding, school related activities, or extenuating circumstances explained to the coaching staff promptly.*

* If you miss practice because of detention playing time will be affected.
* Injured players are to attend practice and games unless physically unable.
* If you need to see the trainer, please go immediately after school, let coaches know, keep us updated on your status.
* After school meetings will be limited to no more than 15 minutes. If you can be excused, get info then come to practice.
* If you are suspended from school, administrative/parent/coach conference will determine player status on team.

Lettering in Softball

* Attend all practices, games, etc., unless excused by the coach.
* Conduct herself in a respectful manner throughout the entire season.
* Abide by the rules set forth by the coach and the athletic department.
* Appear in at least 25% of all Varsity games played (participation in softball will include activities such as pinch-runner, courtesy-runner, pinch-hitter, bullpen catcher and/or other contributions as defined by the head coach.)
* Attend awards banquet.

Loss of Lettering Eligibility

* Any student that is removed from eligible participation in softball as a result of discipline, academic, legal or parental measures may lose his/her privilege to letter in that activity/sport if they do not stay in good standing with the team and/or head coach.

**FAIRLAND SOFTBALL CODE OF CONDUCT**

***General:***

* I realize that everything I do affects my body and my general health. I will try my best to take care of it. This includes following a healthy diet and getting adequate sleep.
* No Alcohol, illegal drugs, or tobacco are to be used at any time. This includes non-school hours. Penalty for first offense will be a potential dismissal from team and referral to the High School Principal and Athletic Director.
* No profanity of any kind is permitted at any time. No derogatory comments about teammates, opponents, officials, teachers, parents, coaches, administrators, or peers will be tolerated.
* If I am going home with a parent after an away game, I must have permission slip signed. I do understand that to get better that my best option is to ride the bus home with my teammates so that my coaches can discuss the games with the team. WE COME AS A TEAM; WE GO HOME AS A TEAM
* Cell phones are not to be used while at team practices, games, and on buses, unless authorized by a coach. I understand playing time will be jeopardized if I use my cell phone without permission.
* I will not talk to my boyfriend, friends, parents or fans, during practice or games. I realize that I am a part of a team and that by not focusing 100%, on the game or practice; I am letting my team down.
* Practice at “Game Pace.” I am expected to treat practice just like a game. Practice is the time to learn and improve. My coaches will not coach poor attitudes.
* I will always support my teammates on and off the field. We have stepped between the lines and the season has started. We are in this together.
* I will accept my role on the team. If I do not like it, I will work harder to change it. Playing time is earned in practice and on the field.
* I will not transfer blame or make excuses. It is not acceptable. I will learn from my mistakes and get better.
* I understand that I am a part of a **TEAM**. We will travel as a team, dress like a team, and support each other like teammates who having WINNING as a common goal.

***Respect:***

* Because I am a dedicated person and athlete, I am proud to support my fellow teammates in practice and competition. I realize that our team has an advantage as long as we show our spirit and willingness to learn to work together on and off the field.
* I realize that the coaches are designing practices so that our team might better meet its goals. I also realize that suggestions and corrections are not to be taken personally, but should be accepted as a way the team and I can improve.
* I am fortunate to be representing Fairland High School. I must show I am deserving of this position by being a responsible individual.
* I will be responsible for:
	+ My actions and impressions on and off the field
	+ My uniform and equipment cleanliness (Team Unity: Look like a team!)
	+ Wearing my uniform to games only (unless voted on by team for other reasons)
	+ Bringing my own equipment (gloves, personal bats, etc) to all practices and games.
	+ Team equipment (Bats, Balls, Helmets, Water Jugs, 1st Aid kits, Etc)
	+ Acting sensitively to managers and other players
	+ Communication with coaches

**I fully understand and agree with the code of conduct and the consequences outlined above:**

PLAYERS SIGNATURE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE \_\_\_\_\_\_\_\_\_\_

PARENTS/GUARDIANS SIGNATURE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE \_\_\_\_\_\_\_\_\_\_

Practice is for coaches; Game day is for players

Prepare them!

**Infield Philosophy**

1. Ball Containment (Control the ball)
2. Out (“When in doubt, get the OUT!”)
3. 3 B’s of Defense (Ball, Base and Backup)

**Outfield Philosophy**

1. Ball Containment (Control the Ball)
2. Return the ball to the infield as quickly as possible (Don’t hold the ball)
3. Look to stop advancing runners/

**Pitching**

1. Less than 15 pitches an inning
2. Spots over movement
3. Move on (short term memory)

**Hitting**

1. Success is not measured by batting average
2. Hit the ball hard
3. Clog the bases